

Lesson 3 : Tenses

(Simple Tense & Continuous Tense)

1. Simple Present Tense

The **simple present tense** is used to talk about:

- Daily routines
- Habits
- General facts

Form:

- **Subject + base verb**
- **He / She / It → verb + s / es**

Examples:

- *I study English every day.*
 - *She works in a hospital.*
 - *They play football after school.*
 - *The sun rises in the east.*
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2. Present Continuous Tense

The **present continuous tense** is used to talk about:

- Actions happening **now**
- Temporary actions

Form:

- **Subject + am / is / are + verb-ing**

Examples:

- *I am studying English now.*
- *She is working in the hospital.*
- *They are playing football.*
- *The doctor is examining the patient.*

3. Simple Past Tense

The **simple past tense** is used to talk about:

- Actions that happened **in the past**

Form:

- **Subject + past verb**
- Regular verbs → **verb + ed**
- Irregular verbs → special form

Examples:

- *I studied English yesterday.*
 - *She worked late last night.*
 - *They played football.*
 - *The patient felt better.*
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4. Past Continuous Tense

The **past continuous tense** is used to talk about:

- An action **in progress in the past**
- A background action

Form:

- **Subject + was / were + verb-ing**

Examples:

- *I was studying when you called.*
 - *She was working at 8 p.m.*
 - *They were playing football.*
 - *The doctor was examining the patient.*
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Simple vs Continuous (Quick Comparison)

Simple	Continuous
Habit / fact	Action happening now
<i>She works every day.</i>	<i>She is working now.</i>

Simple	Continuous
Completed action (past)	Action in progress (past)