



## **Lesson two: The importance of reading**

### **The Importance of Reading**

#### **1. Why reading is important?**

Humans are the only creatures who have the ability to read. They are born to learn through reading. Although speaking happened to be the first stage of learning, reading is the skill that last with humans for life long. It allows them to know about everything.

Humans in their early days as kids learn the language of their parents through babbling the speech; however, when they enter the primary school, they engage in the process of reading. They read little chunks of language in order to improve their knowledge of that language. Similarly, any learner of a foreign language should learn how to read, because it allows his/her brain to detect the structure of that language, and thus grow a sense of familiarity with it.

Many research approved the efficacy of reading to learning languages. That is why there are reading skills in the curriculum of the languages departments all over the world. The key is that reading helps learners to know more about vocabulary and know how to write using language.

If we are to count the benefits of reading in general we find that:

Reading expands our knowledge.

Reading develops concentration.

Reading boosts thinking.

Reading reduces stress.

Reading prevents from bad habits.

Reading allows one to learn from others' experiences.

## 2. Why learning reading skills?

While reading involves both physical and psychological mechanisms, learning its skills suggests many more benefits to learners. They are as follows:

Learning reading skills helps you save time while reading a text.

Learning reading skills teaches you techniques of analysing a text.

Learning reading skills improves your comprehension of a text.

Learning reading skills helps you develop your writing style through imitating foreign styles.